

3000 BCE – The Ancient Connection

Our ancestors first cultivated cannabis in Central Asia, recognizing its value for fibers, seeds, and healing properties that laid the groundwork for future cultural uses.

2000 BCE – Healing in China

In ancient China, Emperor Shen Nong discovered cannabis's ability to alleviate pain and inflammation, marking its early role as a natural remedy.

1000 CE – A Global Journey

As cannabis spread to the Middle East and Europe, it became a staple in textiles and healing practices, appreciated for both its medicinal and psychoactive effects.

19th Century – Embraced by Western Medicine

Cannabis extracts entered Western medicine, treating various conditions from headaches to anxiety, and were recognized as effective natural remedies.

1937 – A Shift in Perception

The Marihuana Tax Act in the U.S. cast a shadow over cannabis, leading to prohibition and decades of misunderstanding and stigma.

1970s – The Counterculture Awakening

The 1970s saw cannabis become a symbol of the counterculture movement, sparking conversations about its benefits and promoting a more open-minded view.

1996 – The Medical Marijuana Revolution

California legalized medical marijuana, paving the way for other states and emphasizing the importance of access for those in need.

2018 – Canada Leads the Way

Canada fully legalized cannabis for recreational and medical use, highlighting the importance of responsible consumption for all.

Present Day – Advocating for Benefits and Responsibility



Today, cannabis is celebrated for its benefits, especially for veterans seeking relief from pain and PTSD. At Recover Cann, we promote education and responsible use for safe enjoyment.

